

# JA My Strength My Future



## Work Readiness

<b>OLE Hours</b>	6 Hours
<b>Target Participants</b>	Form 1 to Form 6 Students
<b>Program Format</b>	3-hour self-paced online learning 3 one-hour face-to-face or virtual mentorship meetings led by business volunteers

<b>Language</b>	Cantonese or English
<b>Program Schedule</b>	Weekday or Saturday
<b>Resources Commitment</b>	A Link Teacher to recruit and coordinate students
<b>Cost</b>	Free of charge

### Introduction

- ▶ JA My Strength My Future is an innovative blended-learning initiative that aims to support young people's self-exploration and enhance their readiness for tomorrow's radically different jobs and workplaces.

### Program Highlights

- ▶ Powered by a dedicated online learning platform, students will take a fun and informative **Strength Discovery test** for career exploration, and develop a strength-based resume with the **Smart Resume Builder** tool to fully showcase their personality and strengths when they pursue their dreams academically or professionally.

Students will also be guided by their **Volunteer Mentors** through a series of hands-on activities and discussions for advices, inspiration and insight on personal strength, career options and development strategies to strive for future success.

The students can continuously utilize the online platform to enrich their profile with their learning experiences as they progress through their education.

<div style="text-align: center;">   <h3>Phase 1: Strength Discovery</h3> </div> <ul style="list-style-type: none"> <li>• Students will take a fun, informative and comprehensive Strength Discovery test to understand their personality traits and career interests</li> <li>• Through the 1st Mentorship Meeting, students will gain further insight on their strengths and explore different career options</li> </ul>	<div style="text-align: center;">   <h3>Phase 2: Smart Resume Builder</h3> </div> <ul style="list-style-type: none"> <li>• Students will learn to develop a strength-based profile and resume with the Smart Resume Builder tool</li> <li>• Through the 2nd Mentorship Meeting, students will gain practical advice for enhancing their resume and interview skills and experience one-on-one mock interviews</li> </ul>
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### Phase 3 : Career Planning and Opportunities Exploration

- Students will identify career opportunities in the real job market based on their strengths and career interests
- Through the 3rd Mentorship Meeting, students will receive advice for career planning and develop their personal action plans to further nurture their strengths and unleash their potentials



## Student Commitment

- ▶ Complete the 3-hour self-paced online learning activities according to the assigned schedule and attend the 3 one-hour mentorship meetings.



## Student Takeaways

- ▶ Identify strengths and career interest in a comprehensive way to enhance self-understanding and resilience
- Develop a strength-based profile and resume for a 3-dimensional presentation of their strengths, skills, experiences and achievements
- Engage with business professionals for first-hand understanding of the world of work and receive advice on career planning, resume-writing and job interviews
- Certificate will be presented upon completion

## About JA HK

- ▶ Junior Achievement Hong Kong (JA HK) is one of the 100+ members of JA Worldwide, and a leading provider of Other Learning Experiences in Hong Kong. Our programs enable young people to learn the world of work from the first-hand experience of business volunteers. Since our establishment in 2001, we have engaged the support of over 25,000 business volunteers from some 700 companies to serve more than 380,000 students from over 600 schools.



Junior Achievement Hong Kong

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