

SH Workshop@School

Work Readiness



Program 2.5 hours total
Length: (OLE learning time)
One half-day session on selected dates or by school request one month in advance
Target Form 3 to Form 6 students
Participants:
Class size: 100-150 students total (25-30 students per class)
Language: Cantonese

Venue: Occupational Safety and Health Academy
(Address: 62, Chung Mei Road, Tsing Yi, NT)
School Commitment:

- At least one link teacher or facilitator to support student coordination
- Minimum of two accompanying teachers to attend workshop
- Transportation to and from venue

Cost: Free of charge

Introduction

Maintaining a safe and healthy environment is essential to success at the workplace. SH Workshop@School promotes safety and health awareness among students and encourages a positive attitude towards maintaining a healthy and productive work life.

Program Highlights

Participants of SH Workshop@School will experience first-hand safety and health issues in 5 themed rooms at the Occupational Safety and Health Academy, including workplace ergonomics, hearing protection, catering safety, relaxing techniques and fire prevention. Expert speakers will also share their professional experience on safe and health tips. Students will enjoy the highly interactive activities (e.g. hearing test and firefighting simulation) and learn valuable lessons.

Part 1

Professional sharing on safety concepts



- General concepts
 - Introduction to safety and health
 - Safety and healthy tips
- Speaker's experience sharing

Part 2

Themed room visit



- Fire prevention
- Workplace ergonomics
- Hearing protection
- Catering safety
- Relaxation exercise

Student Takeaways



- Acquire basic but valuable understanding of occupational safety and health concepts
- Learn to be personally responsible for a healthy and productive workplace
- Certificate and learning passport will be presented upon completion

About JA HK

Junior Achievement (JA) is dedicated to inspiring and preparing young people to succeed in the global economy, through our applied learning programs in work readiness, entrepreneurial thinking and financial literacy.

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